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Our Mission Statement



We are especially interested in making all our patients feel right at home! We put your needs first to achieve efficient and comprehensive treatment. Our staff is trained and skilled, and we strive to provide energetic and fun-loving service to each patient. Each member of our treatment team is a registered assistant, and our office staff has years of experience in treating patients with the highest level of care. We strive to stay abreast of the very latest in technology and advances by regularly attending continuing education courses and seminars.

Doctors Corner



Hello Everyone,

If April showers bring in May flowers, then this May all of Indiana will be a showcase of flowers.

May also brings us Mother's Day when our thoughts turn to our mothers and wives.

A couple of weeks ago my son started speech therapy so he could better pronounce his "th"s. To my surprise the speech therapist diagnosed him as having "tongue thrust" along with other poor tongue positioning. Orthodontics deals with tongue thrusts also. Imagine the surprise of the Speech Therapist when my son came to his lesson sporting a new Quad Helix in the roof of his mouth. He could now properly say "Father", but when he tries saying "udder" it sounds more like "other".

The Quad Helix is a powerful device. Not only does it increase the width of the upper jaw--it also helps to retrain the tongue to correct a tongue thrust.. One patient, who was having speech therapy, received a Quad Helix as part of his treatment. Six months later he was dropped from his speech therapy program.

The next time you think about the Quad Helix you or your child have, remember about the fantastic work it is doing--it expands your upper jaw, it retrains your tongue and it also improves your capacity to breathe. The roof of your mouth is also the floor of your nose. When the roof of your mouth expands the floor of your nose also expands allowing air to move about more freely. When an air opening is made bigger the amount of airflow increases to the fourth power. When we expand a patient's upper jaw by 10mm or more, the patient feels the difference. So we find it exciting to help our patients in this way.

This winter I gave lectures on orthodontics and TMJ at West Virginia University and Loma Linda University. I just found out that in September I will be lecturing in Houston--I am excited to have been asked to lecture there.

This month you will find someone new at our office. Meri joined our staff in late April and we are thrilled to have her here. Not only does she have 7 years experience in dentistry--she has worked part of that time in a dental lab. She also plays a harp--I know you will enjoy meeting her.

Have a wonderful May.

Cheers, Dr. Avila

Monthly Contest Winners!!!!



April appointment slip drawing:

Anderson - Deanna Aguirre \$10.00 gift card

Muncie - Zach Abrell \$10.00 gift card

Sam Kridler and Morgan Rogers won our Easter Contest!!!!

Congratulations to each one of these winners!!!!!!

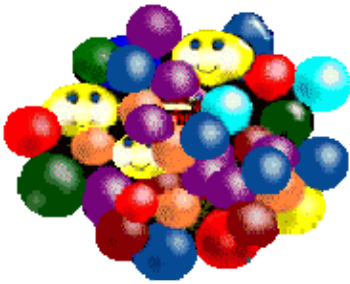
May/June Contest



Our Contest for May and June will be true/false trivia questions pertaining to the Indy 500. If you are the lucky winner, you will receive tickets to Applewood Raceway go kart track. Make sure and get your questionnaires at the office, and after you have answered, give to Darla.

May Birthdays

HAPPY BIRTHDAY TO OUR SPECIAL PATIENTS AND STAFF:



Carleigh Hill - May 1

Trevor Chambers - May 1

Kassandra Cox - May 2

Joe Moran - May 2

Zachary Miller - May 3

Jesus Mendez - May 4

Gregory Shoup - May 6

Hollie Allman - May 6

Billy Walker - May 7

Lexie Bousman - May 7

Alexis Loy - May 8

Ashley Riegert May 8

Adam Lawson - May 9

Natania VanSickle - May 10

Eric Moore - May 12

Michelle Crow - May 12

Karina Holbrook - May 14

Haeley Moody - May 15

Brooke Hawkins - May 16

Peter Jordan - May 17

Zeke Howie - May 19

Dillon Mosier - May 20

Alison Mabrey - May 21

Meri Brown - May 21 (one of our great assistants)

Donovan Elliott - May 22

Nathaniel Fox - May 22

Dylan Ott - May 23

Evan Volz - May 29

Maegan Nelson - May 29

Making a Fashion Statement With Your Braces



The 'mouth full of shining metal', commonly called 'metal mouth' or 'tin grin', is truly a thing of the past with today's updated braces. Braces have become a fashion statement, and you can choose which type of braces will fit your personal taste and style. For patients who choose to make fashion statements with their mouths, colors are a way to show your personality. Stainless steel braces are the most common and the most popular type of braces for children and adults, but plain old stainless

steel braces don't have to look plain. Today's space age materials make braces more comfortable than ever and more easily decorated. The rubber bands that you put in and take out daily come in dozens of colors. Even the ligatures that hold your wires to the brackets come in a splashy array of colors. Although they're not interchangeable like the elastics, colored brackets can add real spark to a smile, and your orthodontist can change the colors each time your wires are changed. You can choose colors that coordinate with your wardrobe. You can wear your school colors on your braces. You can proclaim your loyalty to a sports team. You can choose to decorate your teeth for a holiday, like orange and black for Halloween or green for St. Patrick's Day. You can even choose a different color for each bracket and make a rainbow in your smile! There are clear composite braces that glow in the dark. And if you want to make the ultimate fashion statement, then maybe the classic beauty and elegance of gold is for you. Gold braces and wires are similar to stainless steel braces and wires with the exception of being gold-plated for a 24-carat smile. For patients whose style is quieter and more subdued, there are braces that bond to the back of your teeth and can't be seen at all. There are clear retainers that are barely noticeable. And there are ceramic braces, made from a ceramic material developed by the NASA space program, that are virtually invisible on your teeth. Ceramic braces are also very strong and dependable, which will help you achieve your treatment goal faster and more efficiently. Once the braces are off, retainers are another way to express your personality. They don't have to be roof-of-the-mouth pink nowadays. Your retainer can glow in the dark, be polka-dotted, be personalized with a photo of your best friend, your dog or the logo of your favorite sports team. Your choice is limited only by your imagination. Braces in one form or another have been in use for 100 years and continue to be the primary mechanism used to move teeth, but today's braces bear little resemblance to the "train tracks" that baby boomers may remember from their youth -- they're updated in style and make a colorful fashion statement that's good for your teeth!

Congratulations!!!!

We want to announce that our very own Kelly will be having a baby sometime this fall. We will keep you updated on her progress.



Anniversary

We want to wish Karin, our Financial Coordinator, a HAPPY 10TH ANNIVERSARY working at Dr. Avilas.



Mothers Day May 8th



A Mothers Poem

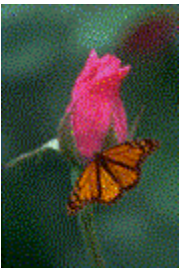
God knew that little ones need love
so He created mothers
With understanding hearts and
gentle hands that care for others...

They feed us and they hug us
and they help us find our things...
Then later on, they step aside
and let us try our wings...

We know they're always on our side
whatever may befall,
That's why we need them just as much
when we're no longer small...

Yes, God created mothers
to give love their whole lives through...
That's why they're treasured very much
especially one like you!

Smile Makin' Crew



Darla - Patient Coordinator

Karin - Financial Coordinator

Kelly - New Patient Coordinator

Donna - Clinical Assistant

Brittany - Clinical Assistant

Meri - Clinical Assistant